



September 2010

SUN	MON	TUE	WED	THU	FRI	SAT
	August 30 Spaghetti Marinara, Garlic Bread, Broccoli, Cookie SB: Caesar	August 31 Philly Cheese Steak Sandwich, Chips, Peas, Fruit SB: Asian	1 Chicken Fingers, Mashed Potatoes, Broccoli, Popsicle SB: Fr. Chicken	2 Crunchy & Soft-Tacos, Corn, Fiesta Rice, Churro SB: Taco	NOON DISMISSAL No Lunch!	4
5	6 LABOR DAY! No School!	7 FACULTY/STAFF In-service Day! No School!	8 WASTE FREE! Cheeseburger, Tater Tots, Peas, Fruit SB: Fajita Chicken	9 Chicken Parmesan, Pasta, Green Beans, Garlic Bread, Fruit SB: Fried Chicken	10 Pizza, Broccoli, Chips, Oranges, Ice Cream SB: Chef's Choice	11
12	13 Nacho Bar, Taco Meat, Cheese Sauce, Ref. Beans, Fruit SB: Taco	14 Spaghetti & Meatballs, Garlic Bread, Green Beans, Fruit SB: Italian	15 WASTE FREE! Chicken Nuggets, Fries, Peas, Fruit, SB: Egg Salad	16 Turkey, Mashed Potatoes, Gravy, Corn, Popsicle SB: Turkey	17 Pizza, Broccoli, Chips, Oranges, Ice Cream SB: Chef's Choice	18
19	20 Fish n' Chips, Peas, Fruit, Popsicle SB: Italian	21 Baked Potato Bar, Chili, Broccoli & Cheese, Gogurt SB: Chicken Salad	22 WASTE FREE Chicken Alfredo, Broccoli, Fruit, Jello SB: Gr. Chicken	23 Chicken Quesadilla, Fiesta Rice, Corn, Fruit SB: Tuna Salad	24 Pizza, Green Beans, Chips, Oranges, Ice Cream SB: Chef's Choice	25
26	27 Spaghetti Marinara, Garlic Bread, Broccoli, Cookie SB: Caesar	28 Creamy Pasta with Ham & Peas, Garlic Bread, Fruit SB: Ham	29 WASTE FREE BBQ Chicken Sandwich, Baked Beans, Slaw, Fruit SB: Turkey	30 Cheeseburger, Tater Tots, Corn, Fruit SB: Chicken Salad	October 1: Pizza, Broccoli, Chips, Oranges, Ice Cream SB: Chef's Choice	

Middle School
11:15-11:55
Primary
11:55-12:40
Intermediate
12:40-1:25

Grilled cheese sandwiches will be served every day upon request. Salad bar & tossed salad is also available everyday.

FRESH FRUIT OFFERED

K-4th Meals are \$3.25
5-8th Meals are \$3.50

All meals include an entrée, two sides, and a drink.

Granola Bars/Cereal Bars \$.50

Oreos \$.50